# Predicting Hospital Readmissions at Berkshire Medical Center

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# Outline

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#### Model Fitting Methods

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#### More Interpretable Models Mixed Integer Programming

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# Hospital Readmission

#### Definition

30-Day readmission occurs when a patient returns to hospital within 30 days of being discharged from inpatient care and is again admitted to inpatient care.

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### Healthcare Policy

- Frequent rehospitalizations are costly to patients' health and hospitals
- Affordable Care Act penalizes hospitals with higher than expect readmission rates
- The most effective interventions are time and resource intensive (e.g. follow-up home visits, inidividual case management) (Verhaegh et al., 2014)

# The Prediction Problem

### Goal



# Berkshire Medical Center and the Data

- 17,093 rows (10,895 unique patients)
- September 1st 2015 December 31st 2016
- 17% of patients readmitted within 30 days

### Available Variables

| Demographic | Hospital Utilization | Clinical                |
|-------------|----------------------|-------------------------|
| -Age        | -ED Admit            | -Diagnosis codes        |
| -Gender     | -Surgery             | -No. of diagnosis codes |
|             | -Insurance           | -No. of medications     |
|             | -Admit source        |                         |
|             | -Disposition         |                         |
|             | -Length of stay      |                         |
|             | -No. of previous     |                         |
|             | hospitalizations     |                         |

Properties of an Ideal Model

- Rank accurate
- Interpretable
- Generalizable

# Measuring Rank Accuracy



### Possible Metrics

- Accuracy or Misclassification Rate
- Receiver Operator (ROC) Curve

# The Receiver Operator (ROC) Curve



# Estimating Performance on New Data

### Repeated Random Sub-sampling



# Modeling Methods

#### Now

- Logistic regression
  - with lasso feature selection
- Decision Tree

#### Later

Mixed Integer Programming based methods

## Logistic Regression

Assume  $Y_i \sim Bernoulli(p_i) \forall i$  and

$$p_i = \frac{1}{1 + e^{-\vec{x_i}^T \vec{\beta}}}$$

then

$$P(Y = \vec{y} | p_i) = \prod_{i=1}^n p_i^{y_i} (1 - p_i)^{y_i}.$$

We find  $\vec{\beta}$  such that

$$\max_{\vec{\beta} \in \mathbb{R}^k} \ L(\vec{\beta} \mid \vec{y}) = \max_{\vec{\beta} \in \mathbb{R}^k} P\big( \ Y = \vec{y} \mid p_i \big) \ .$$

# Lasso Logistic Regression

$$\begin{array}{ll} \max_{\vec{\beta} \in \mathbb{R}^k} \ L(\vec{\beta} \mid \vec{y}) = \max_{\vec{\beta} \in \mathbb{R}^k} \ \prod_{i=1}^n \ p_i (1-p_i)^{1-y_i} \\ \\ \text{subject to} \quad ||\vec{\beta}||_1 \quad = \sum_j |\beta_j| \ \le \ \lambda \end{array}$$

Lasso Logistic Regression - Choosing Lambda



# **Decision Tree**



Figure 1: Example decision tree using the CART algorithm (Breiman et al., 1984)

# Results



## Limitations

- Patients may be readmitted to other hospitals
- Our readmission rate is confounded with mortality rate



# Incorportating High Dimensional Medical Code Data

Hierarchy of Diagnosis Codes (ICD-10)

|                        | Example     |                              |  |
|------------------------|-------------|------------------------------|--|
| $\wedge$               | Chapter     | Mental, Behavioral and       |  |
|                        |             | Neurodevelopmental disor-    |  |
| 22                     |             | ders                         |  |
| Chapters               |             |                              |  |
|                        | Sub-chapter | Mental And Behavioral Dis-   |  |
| 279                    | _           | orders Due To Psychoactive   |  |
| Sub-chapters           |             | Substance Use                |  |
|                        |             |                              |  |
| 19.103 Majors          | Major       | Alcohol related disorders    |  |
|                        | 0           |                              |  |
|                        | Code        | F10951                       |  |
| 69,823 Diagnosis Codes | Diangosis   | Alcohol dependence with      |  |
|                        | 0           | alcohol-induced psychotic    |  |
|                        |             | disorder with hallucinations |  |

## **Ensemble Models**



## Results



# Conclusions

### Summary

 Ensemble models with 34 submodels generally performed worse than a global model

### Possible Explanations

- this grouping is not reflective of the true structure in the patient population
- the patient population is homogenous

### Problem

How can we identify groups which are signifigantly different enough that fitting submodels will improve the overall system's accuracy?

# Hierarchical Clustering



\*Requires a metric of similarity/distance between groups

## Random Forests



Categorical Co-frequency Analysis (CCFA)

Proposed Statistic

 $s_{i,j} = \frac{\# \text{ times label } i \text{ and label } j \text{ split in the same direction}}{\# \text{ times label } i \text{ and label } j \text{ are used as split criteria}}$ 

# An Example



# Categorical Co-Frequency Analysis (CCFA)

Figure 2: CCFA statistics calculated for each pair of labels in a forest of 100 trees



# Are all of these statistics signifigant?





# Performing Hypothesis Testing



# After Hypothesis Testing



# Hierarchical Clustering



# **CCFA Groups**

Paralytic lass and interfaul distruction without heards Supported to the second secon

Other chronic obstructive pulmonary disease Abdominal and petvic pain Type 2 diabetes mellitus Respiratory failure, not elsewhere classified Alcohol related disorders

Dizziness and giddiness Chronic gout Fracture of femur Cellutitic restrict disorder, single episode Cellutitic restrict disorder, single episode Major deressive disorder, resurrent Fracture of int/6), stermum and thoracic spine Opioid related disorders Syncope and collapse

|                         | Group 1 | Group 2 | Group 3 |
|-------------------------|---------|---------|---------|
| Number of Patients      | 13,003  | 1,247   | 2,843   |
| 30-day Readmission Rate | 16.87%  | 33.04%  | 9.85%   |

## Results



# Results

|                     | Group 1 | Group 2 | Group 3 | Global |
|---------------------|---------|---------|---------|--------|
| (Intercept)         | -2.075  | -1.975  | -2.083  | -2.294 |
| Age                 | -0.008  |         |         | -0.006 |
| GenderM             | 0.153   |         |         | 0.200  |
| PayerCOM            | -0.344  |         | -0.549  | -0.356 |
| PayerMCD            | 0.111   |         |         | 0.095  |
| PayerMCR            |         | 0.287   |         |        |
| EDAdmitY            |         |         |         | 0.131  |
| SurgeryY            |         |         | -0.856  | -0.246 |
| TotalMeds           | 0.020   |         |         | 0.020  |
| prev30DayAdmits     | 0.648   | 0.707   | 0.632   | 0.705  |
| numDX               | 0.028   | 0.051   |         | 0.032  |
| Disposition_AMA     | 0.888   | 1.088   | 0.632   | 1.046  |
| Disposition_BMC     |         | -1.252  |         |        |
| Disposition_COMMFAC |         | -1.105  |         |        |
| Disposition_COMMRES | 0.637   |         |         |        |
| Disposition_HOMEHS  | 0.377   |         |         | 0.198  |
| Disposition_SNF     |         |         |         | -0.235 |
| Mean Test AUC       | 0.670   | 0.723   | 0.645   | 0.689  |

Table 1: Variables not used: *lengthOfStay, AdmitSource\_ACHOSP, AdmitSource\_BMC, AdmitSource\_PHYSELF,AdmitSource\_SNF, Disposition\_HOME* 

## Conclusions

- Ensemble on 34 groups performed poorly
- Performance of ensemble on 3 CCFA groups was not signifigantly different than a single global model

# **RiskSLIM**

Table 2: RiskSLIM model (Ustun and Rudin, 2017) fit to all data with 30 minute time limit and a constraint of 5 non-zero coefficients. The model intercept is -2.

| 1. <i>NumDX</i> < 14      | -1 points   |           |
|---------------------------|-------------|-----------|
| 2. CCoFA Group = 2        | 1 points    | $+ \dots$ |
| 3-4. $Payer = MCD$ or MCR | 1 points    | $+ \dots$ |
| 5. Disposition = $AMA$    | 1 points    | $+ \dots$ |
|                           | Total Score | =         |

| Total Score    | -1    | 0      | 1      | 2      | 3      |
|----------------|-------|--------|--------|--------|--------|
| Predicted Risk | 4.7 % | 11.9 % | 26.9 % | 50.0 % | 73.1 % |

## More Interpretable Models



# Furture Work

### Categorical Co-Frequency Analysis

Simulation studies of the sensitivity of CCFA

### Clustering for Ensemble Models

- Other similarity metrics:
  - co-frequency of diagnoses in the secondary diagnosis lists
  - embeddings
- An ensemble of RiskSLIM models

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# Summary of Ensemble Results



# RiskSLIM (Ustun and Rudin, 2017)

We assume

$$p_i = P(y_i = 1 | \vec{x_i}) = \frac{1}{1 + e^{-\vec{x_i}^T \lambda}}$$

and find the integer coefficients  $\lambda$  from a set of integers  $\mathcal L$  that satisfied

$$\min_{\lambda \in \mathcal{L}} \frac{1}{N} \sum_{i=1}^{N} \log(1 + e^{-y_i \lambda^T x_i}) + C_0 ||\lambda||_0 .$$

# Corrected Resampled (Paired) T-test



let 
$$x_i = a_i - b_i$$

$$t = \frac{\frac{1}{m} \sum_{i=1}^{n} x_i}{\hat{\sigma} \sqrt{\frac{1}{n} + \frac{n_{test}}{n_{train}}}}$$

m = number of repeated random sampling iter.  $n_{\text{test}} =$  No. test examples  $n_{\text{train}} =$  No. training examples

# AUC vs. Readmission Rate (34 submodels)



Figure 4: Slope is 0.37 (p-value = 0.06)

## Random Forest vs. Non-Random Forest

Note: random forest implemented using dice rolling instead of subsetting at each node.

# Similar Ensemble Models

### (Futoma et al., 2015)

- Divided data into 560 groups by Diagnosis Related Group (DRG) codes
- Used 10-fold CV to assess models
- Found weak but signifigant corelation between 30-day readmission rate

## Readmission Rates for Medicare Patients

